

Notice of Terms and Conditions

This website is owned and operated by Navel PLLC. These terms set forth policies with regard to receiving services from Navel PLLC. Please find Navel's Financial Policy, Privacy Policy, and E-mail Disclosure Policy below:

Financial Policy:

All appointments will be booked after payment is completed. Navel uses online credit card payments as its payment medium. Initial Evaluations will be billed at \$450 (these appointments are 2 hours). Follow-up Visits will be billed at \$300 (these appointments are 1.5 hours). Navel can accommodate appointment rescheduling with at least 72 hours advance-notice. Please provide at least 72 hours advance-notice for cancellations. Cancellations within 72 hours of your scheduled appointment will result in forfeiture of your entire payment for that appointment (\$450 for Initial Evaluations, \$300 for Follow-Up Visits). Navel will issue refunds for appointments should you choose to cancel at least 72 hours prior to your appointment.

Navel is out of network with all health plans. You will be responsible for paying for all visits you receive from Navel in advance of your scheduled session. If you have out-of-network benefits from a commercial health plan, Navel may offer to provide you with a superbill that you can submit to your health plan for reimbursement of the services your health plan covers. You are responsible for obtaining any physician referrals or prior authorizations that your health plan requires. Navel is not responsible if your health plan denies your claims for its services.

Notice of Good Faith Estimate

Your Right to Receive a Good Faith Estimate of Expected Charges Under The 'No Surprises' Act

Navel provides a "Good Faith Estimate" ("GFE") of how much its services will likely cost you upon request. If you are paying Navel directly for your services and you schedule at least 3 days in advance, Navel will provide a written GFE within 1 day of scheduling. Navel will inform you in advance with a new GFE if it plans to increase its fees or it anticipates your costs will exceed your original GFE. If Navel bills you more than \$400 in excess of your GFE without informing you in advance, you will have a right to dispute Navel's bill through a federal dispute resolution process. You will need to provide a copy of your GFE to open a dispute, so Navel recommends that you save and/or print your GFE for future reference. To request a GFE, please contact Navel at hello@navelperipartumt.com.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises/consumers, email FederalPPDRQuestions@cms.hhs.gov, or call 1-800-985-3059.

Privacy Policy:

Navel receives, collects, and stores any information you enter on its website or provide it in any other way. In addition, it collects the Internet Protocol (IP) address used to connect your computer to the Internet if you provide it information through its website. It may use software tools to measure and collect session information, including page response times, length of visits to certain pages, page interaction information, and methods used to browse away from the page. It also collects personally identifiable information (including name, e-mail, password, communications), payment details (including credit card information), comments, feedback, and reviews.

When you conduct a transaction on Navel's website, as part of the process, it collects personal information you provide, such as your name, address, and e-mail address. Your personal information will be used for the specific reasons stated above only.

Navel collects such non-personal and personal information for the following purposes:

- To provide and operate the services;
- To provide users with ongoing customer assistance and technical support;
- To be able to contact visitors and users with general or personalized service-related notices;
- To create aggregated statistical data and other aggregated and/or inferred non-personal information,

which it may use to provide and improve respective services; and

- To comply with any applicable laws and regulations.

Navel is hosted on the Wix.com platform. Wix.com provides Navel with the online platform that allows it to sell its services to you. Your data may be stored through Wix.com's data storage, databases, and the general Wix.com applications. They store your data on secure servers behind a firewall.

All direct payment gateways offered by Wix.com and used by Navel adhere to the standards set by PCI-DSS, as managed by the PCI Security Standards Council, which is a joint effort of brands like Visa, MasterCard, American Express, and Discover. PCI-DSS requirements help ensure the secure handling of credit card information by Navel and its service providers.

Navel may contact you to notify you regarding your account, to troubleshoot problems with your account, to resolve a dispute, to collect fees or monies owed, to poll your opinions through surveys or questionnaires, to send updates, or as otherwise necessary to contact you to enforce Navel's User Agreement, applicable national laws, and any agreement Navel may have with you. For these purposes, Navel may contact you via email, telephone, text messages, and postal mail.

If you wish for Navel to not process your data anymore, please e-mail hello@navelperipartumt.com or send mail to: 23707 105th Pl W; Edmonds, WA 98020.

Navel reserves the right to modify this privacy policy at any time, so please review it frequently. Changes and clarifications will take effect immediately upon their posting on the website. If Navel makes material changes to this policy, it will notify you here that it has been updated, so that you are aware of what information Navel collects, and under what circumstances, if any, Navel uses and/or discloses it.

If you would like to: access, correct, amend or delete any personal information Navel has about you, you are invited to e-mail hello@navelperipartumt.com or send mail to: 23707 105th Pl W; Edmonds, WA 98020.

E-mail Disclosure Policy:

Navel's e-mail communication may contain material protected and governed by the Health Insurance Portability and Accountability Act of 1996 (HIPAA). Navel's e-mail is only for the personal and confidential use of the individuals to which it is addressed and contains confidential information.